Functional Data Analysis for Accelerometer Data Jeffrey S. Morris University of Texas M.D. Anderson Cancer Center, Houston, TX **Steve Gortmaker** Harvard School of Public Health Boston, MA Other collaborators: Louise Ryan, Brent Coull, and Cassandra Arroyo

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Accelerometers

 Accelerometers: small motion sensors that digitally record minute-by-minute activity levels

- Increasingly used in large surveillance studies and intervention trials to objectively monitor activity
- Children, older adults, Alzheimer patients
- Revolutionizing the field of physical activity research
- Yield complex functional data – Activity level profiles

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Some Accelerometer Profiles



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Analyzing Accelerometer Data

- Major challenge: How to analyze these data?
- **Standard strategy:** Extract simple summary measures from the profiles, then analyze these
 - 1. Average daily activity level
 - 2. Proportion of time with activity levels corresponding to sedentary (<3 MET), moderately vigorous (3-6 MET), and vigorous (>6 MET) activities
- Benefit: simplifies data into recognized form.
- Limitations of these approaches:
 - Do not make full use of information in functional data
 Cannot effectively deal with incomplete profiles

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Case Study: Planet Health

- Planet Health: Boston-area school based intervention
 - Subset of children in study wore accelerometer for 4-8 days
 - 550 profiles from 112 children from 5 schools, 1440 measurements/profile (Heatmap)
- Lots of missing data
 - Measurement coded as *missing* for time periods for which child was inactive for at least 30 consecutive minutes
 - We focus on profiles >50% complete from 9am-8pm
 - 292 profiles from 106 children

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Heatmap



Accelerometer Data

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Accelerometer Data

• Other measurements:

- Child-level covariates: school, race, gender, age, weight, height, BMI, triceps skinfolds, avg hrs of TV/day
- Day-level covariates: day of week, calendar date

Questions of Interest:

- 1. How do activity levels vary throughout day, across schools, across different days of the week, over time from early to late Spring, and across various child-level covariates?
- 2. What proportion of variability in activity levels is from day-to-day and child-to-child? How many days per child?

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Linear Mixed Models

Linear Mixed Model (Laird and Ware, 1982):



Fixed effects part, *Xβ*, accommodate a broad class of mean structures, including main effects, interactions, and linear coefficients.
 Random effects part, *Zu*, provide a convenient mechanism for modeling correlation among the *N* observations.

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Statistical Challenges

- **1. Data are irregular functions**
- 2. Jointly model *functional effects* of multiple covariates
- 3. Account for correlation between profiles from same child
- 4. Incorporate information from incomplete profiles

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Functional Data Analysis

- Functional Data:
 - Ideal units of observation: curves
 - Observed data: curves sampled on fine grid
- Increasingly encountered in scientific research.
- FDA Approach (Ramsay and Silverman 1997):
 - Treat functions as single entities, rather than a collection of observations

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- *Q* and *S* are covariance surfaces describing the how the random effect curves/residual error processes vary across replicates.
- Variations of this model were used by Guo (2002) and Morris and Carroll (2004)

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Functional Mixed Model (Discrete version)

Y=*N*-by-*T* matrix containing the observed curves all sampled on a common equally-spaced grid of length *T*, *t*.



B_{ij} is the effect of covariate *i* at location t_j *Q* and *S* are covariance matrices (T x T)

• Note: Some structure must be assumed on form of Q and S (discussed later)

Example: Model Let Y be 292×660 matrix containing 292 accelerometer profiles for each minute from 9am-8pm. Y = XB + ZU + E

X = 292 × 14 matrix of covariates

 School effects (5), gender, triceps skinfold, BMI, day-of-week (4), daylight savings time, avg TV hrs/day

• B = 14 × 660 matrix of fixed effects functions

 $-B_{ij}$ is effect of covariate *i* at time t_i

• Z = 292 × 106 matrix indicating child for each profile U = 106 × 660 matrix of random effect functions (1/child)

• E = 292 × 660 matrix of residual errors

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Functional Mixed Models

- Key feature of FMM: Does not require specification of parametric form for curves
- Guo (2002) fit FMM using splines
- Morris, et al. (2003) and Morris and Carroll (2004) use approach involving wavelet bases
 - Accommodates "spiky" functional data
 - Allows more general types of covariances
- Wavelet Regression: nonparametric regression technique that better preserves local features present in the curves.

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Introduction to Wavelets Wavelets: families of orthonormal basis functions $g(t) = \sum d_{ik} \psi_{ik}(t)$ Daubechies (4) Basis Function $\psi_{ik}(t) = 2^{-j/2} \psi(2^{-j/2}t - k)$ 1.0 0.5 0.0 $d_{jk} = \int g(t)\psi_{jk}(t)dt$ 0.5 0

- **Discrete Wavelet Transform (DWT):** fast algorithm {**O**(*T*)} for obtaining *T* empirical wavelet coefficients for curves sampled on equally-spaced grid of length *T*.
- Linear Representation: d = y W'- W' = T-by-T orthogonal projection matrix
- Inverse DWT (IDWT): 8/4/2005

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 $\mathbf{v} =$

Wavelet Regression

- Wavelet Regression 3 step process
 - 1. Project data into wavelet space
 - 2. Threshold/shrink coefficients
 - 3. Project back to data space

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- Yields *adaptively regularized* (plot) nonparametric estimates of function
- Morris, et al. (2003) extended to nested functional model (Bayesian)
 - Morris and Carroll (2004) extended to general functional mixed model framework (wavelet-based FMM)

Adaptive Regularization



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Wavelet-Based FMM:

General Approach

1. Project observed functions Y into wavelet space. 2. Fit FMM in wavelet space. (Use MCMC to get posterior samples) **3. Project** wavelet-space estimates (posterior samples) back to data space.

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Wavelet-Based FMM:

General Approach

1. Project observed functions Y into wavelet space.

Fit FMM in wavelet space

 (Use MCMC to get posterior samples)

 Project wavelet-space estimates

 (posterior samples) back to data space.

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Wavelet-Based FMM

1. Project observed functions Y to wavelet space

• Apply DWT to rows of Y to get wavelet coefficients corresponding to each observed function



Projects the observed curves into the space spanned by the wavelet bases.

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Wavelet-Based FMM: General Approach

1. Project observed functions Y into wavelet space.

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 $N \times p$ $T \times T$ $N \times m$ $= \widetilde{X} \quad \underline{B} + \widetilde{Z} \quad \underline{U} +$ $m \times T$ $N \times T$ $N \times T$ $p \times T$ $U_i \sim MVN(0,Q)$

 $E_i \sim MVN(0, S)$

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 $N \times p$ $T \times T$ $N \times m$ $T \times T$ $T \times T$ $T \times T$ \sim \sim $X \quad \underline{B} \quad \mathbf{W'} + Z \quad \underline{U} \quad \mathbf{W'} + \mathbf{W'} + \mathbf{W'} = \mathbf{W'} + \mathbf{W'}$ E W' $N \times T$ $p \times T$ $N \times T$ $m \times T$

 $U_{i} \sim MVN(0,Q)$ $E_{i} \sim MVN(0,S)$ $E_{i} \sim MVN(0,S)$

Grand Rounds



$U_i \mathbf{W'} \sim MVN(0, \mathbf{W}Q\mathbf{W'})$ $E_i \mathbf{W'} \sim MVN(0, \mathbf{W}S\mathbf{W'})$

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Grand Rounds

Adaptive Regularization via Shrinkage Prior

Mixture prior on B_{ijk}^* :

$$B_{ijk}^* = \gamma_{ijk}^* N(0, \tau_{ij}) + (1 - \gamma_{ijk}^*) \delta_0$$

 $\gamma_{ijk}^* = \text{Bernoulli}(\pi_{ij})$

- Nonlinearly shrinks B_{ijk}^{*} towards 0, leading to adaptively regularized estimates of B_i.
- τ_{ij} & π_{ij} are regularization parameters

 Can be estimated from the data using empirical Bayes
 Extend Clyde&George (1999) to functional mixed model

Model Fitting

Let Ω be a vector containing ALL covariance parameters (in Q^* and S^*). <u>MCMC Steps</u>

 Sample from f(B*/D,Ω): Mixture of normals and point masses at 0 for each i,j,k.
 Sample from f(Ω/D,B*): Metropolis-Hastings steps for each j,k
 If desired, sample from f(U*/D,B*,Ω): Multivariate normals

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Wavelet-Based FMM: General Approach

1. Project observed functions Y into wavelet space. 2. Fit FMM in wavelet space (Use MCMC to get posterior samples) **3. Project** wavelet-space estimates (posterior samples) back to data space.

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Wavelet-Based FMM

- **3. Project** wavelet-space estimates (posterior samples) back to data space.
- Apply IDWT to posterior samples of B* to get posterior samples of fixed effect functions B_i for i=1,..., p, on grid t.

B=B*W

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- Posterior samples of *U*, *Q*, and *S* are also available, if desired.
- Can be used for any desired Bayesian inference

Incomplete Profiles • Lots of missing data (Missing Data) **Example of** *incomplete profile* • WFMM can only be applied to *complete* profiles (with no missing regions) - 95 of the 292 profiles *complete* from 9am-8pm How do we incorporate information from other 197 incomplete profiles?

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Heatmap of Missingness (Black=missing)



Missingness vs. Time-of-Day



Approach: Incomplete Profiles

- 1. First fit model to *complete profiles*, get posterior distribution samples for model parameters.
- 2. Use these to estimate *predictive distributions* for the the incomplete profiles (fig)
 - Borrow information about what the curves in these regions look like.
 - Account for child-specific and day-specific covariates.
- 3. Regress missing data on the observed data to obtain *imputation distribution* for missing regions (fig)
 - Borrow information from nearby times in incomplete profiles.
 - Makes predictions for missing regions "connected" with observed.
- 4. Supplement WFMM with step to stochastically impute values for missing data.
 - Inference appropriately accounts for uncertainty in imputation

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Incomplete Profile



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Predictive Distribution

$\mu_{i}(t) = E\{Y_{i}(t) | Y^{C}\} = \int Y_{i}(t) f\{Y_{i}(t) | X, Z, \Theta\} f(\Theta | Y^{C}) d\Theta$ $\Sigma_{i}(t_{1}, t_{2}) = COV\{Y_{i}(t_{1}), Y_{i}(t_{2}) | Y^{C}\}$



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Imputation distribution



Incomplete Profiles



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Missing Data in the WFMM

 Problem: Imputation distribution in data space, modeling done in wavelet space
 Solution: Project imputation distributions into wavelet space

 $M_{i}(t) = \begin{cases} Y_{i}(t) \text{ if } t \text{ observed} \\ \mu_{i}^{M|O}(t) \text{ otherwise} \end{cases}$

 $V_i(t_1, t_2) = \begin{cases} 0 \text{ if either } t_1 \text{ or } t_2 \text{ obs.} \\ \Sigma_i^{M|O}(t_1, t_2) \text{ otherwise} \end{cases}$

 $M_i^* = M_i W'$ $V_i^* = W V_i W'$

 Add step to MCMC whereby "missing" wavelet coefficients D_{ijk}~N(M*_{ijk}, V*_{ijk}) 8/4/2005
 Add step to MCMC whereby "missing" wavelet

Model

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Y = XB + ZU + E

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 School effects (5), gender, triceps skinfold, BMI, day-of-week (4), daylight savings time, avg TV hrs/day

- B = 14 × 660 matrix of fixed effects functions
 - $-B_{ij}$ is effect of covariate *i* at time t_j
- $Z = 292 \times 106$ matrix indicating child for each profile
 - $U = 106 \times 660$ matrix of random effect functions (1/child)
- E = 292 × 660 matrix of residual errors

(short results)

(Bayesian Inference)

Statistical Inference in FMM

- Prior distributions made "uninformative"
 - Exception: *smoothing parameters*, which can be estimated from the data using an "empirical Bayes" approach
- We use MCMC to draw samples from posterior distributions of *B_i(t)* functions and covariances.
- For each covariate effect, we compute 90% pointwise credible intervals at each value of *t*
- We also computed 90% credible intervals, aggregating data within following time intervals:
 - 1. All day (9am-8pm)
 - 3. Lunch (11:30am-12:30pm)
 - 5. Going home (2:15pm-3pm)
 - 7. Early evening (5:30pm-7pm) 8. Late evening (7pm-8pm)

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2. Morning (9am-11:30am)

4. Afternoon (12:30-2:15pm)

6. After school (3pm-5:30pm)

Selected Results: School Effects

(a) School E



Selected Results: BMI Effect



(b) BM

• BMI coded as continuous factor (mean-centered) BMI effect positive (post prob<0.0005) - Higher BMI, more energy expenditure Not present in raw activity levels Artifact of conversion from acceleration to energy scale?

Selected Results: DST Effect

(c) Daylight Savings Time



• DST – April 6th More active after DST (overall 8%, *p=0.062*) • Especially strong: As school is letting out (2:15-3:00, 25%, p=0.03)- In early evening (5:30-7:00, 30%, p=0.01) • Note: Sunset was - 5:10-6:15 before DST - 7:15-8:10 after DST

Selected Results: TV hours/day



 TVhrs coded as continuous factor (standardized) TVhrs effect negative (-1.3% per sd, p=0.03)- More TV, less active -3:00-5:30, -2.6%, p=0.02-7:00-8:00, -3.6%, p=0.008 Positive effect over lunch -+2.7%, p=0.03- More TV, on average more active over lunch

Some Results



Results: Covariance Analysis

- Variability: 91% day-to-day, 9% child-to-child
 - Important to have many days per child
- Study variability as function of t
 - Child-to-child variability: school day > after school
 - Day-to-day variability: after school > school day
 - Relative day-to-day variability after school: 95-99%
- Less children, more days, save \$\$\$?
 - But adherence a major limitation
- Would be nice to get more schools, too.

Results: Bouts



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Results: Bouts

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Can compute posterior predictive probabilities of bouts for children Model-based predictive probabilites not far from empiricallyestimated probabilities May want heavier tails

Conclusions

- Found some interesting results in Planet Health
 - School schedules, DST, Day of Week, TV hours
 - Day-to-day variability large need lots of days/child
 - Raw vector magnitudes instead of estimated METs?
- Functional mixed models promising method for analyzing accelerometer data
 - Makes use of all of the data

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- Can detect effects that vary over time
- Can accommodate incomplete profiles
- After the fact, one can perform inference that averages within different time periods of interest
- Can still look at probabilities bouts, but as function of time

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